



EMPOWHER SAMPLE SUMMER CALENDAR

WEEK 1

- Celebrate the start of EmpowHER at our Welcome BBQ with our entire community
- Attend a workshop on balancing work with self care hosted by EmpowHER
- Watch the Capital Pride Parade with fellow BA Women in Dupont Circle

WEEK 2

- Interact with a panel of BAdass women discussing career & personal mission
- Network with industry leaders at EmpowHER's Supervisor Meet & Greet
- Kayak or paddleboard on the Potomac with members of your cohort

WEEK 3

- Attend a PowHER hour site visit with former Senator Blanche Lincoln
- Listen to a panel of BAdass women discuss how to build your network as someone new to the city
- Relax and unwind at Jazz in the Garden with BA Women in the National Sculpture Garden

WEEK 4

- Complete a workshop on managing up and influencing others at work with BA Women
- Mix & mingle with our network of BA Women at a 19 minute speed networking event
- Watch Ocean's 8 with your girl gang at Screen on the Green in one of D.C.'s many parks

WEEK 5

- Engage in a fireside chat with experts on personal finance for young women

- Participate in a PowHER hour by visiting our friends at the Cook Political Report office
- Catch the July 4th national fireworks display on the National Mall with BA Women

WEEK 6

- Network & learn about the work of your fellow BA Women at our Supervisor Meet & Greet
- Learn about Receiving Feedback & Having Critical Conversations at an evening workshop
- Jam out with friends at D.C.'s signature Drum Circle in Malcolm X Park

WEEK 7

- Learn & practice the skills of Salary Negotiation with your BA sisters with experts from the American Association of University Women
- Attend a PowHER hour site visit to learn more about the work of the State Department
- Take advantage of free admission day at the National Museum of Women in the Arts with your BA sisters

WEEK 8

- Reflect on the learnings of the summer and transition to alumnae at our Program Debrief
- Celebrate the end of the summer with friends at our Farewell Celebration
- Have one final night in EmpowHER housing—helping each other pack up and say your goodbyes (for now!)

****DISCLAIMER:** This is a sample calendar built from past EmpowHER programming. Future programming will be similar, but specific events, guests, and workshops are subject to change.